

Amico Senior Center

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GIRA, GIRA

Mi trovavo in un prato
Sdraiata su una sedia.
Vedevo dei bambini correre, saltare,
e poi fare un cerchio e girare, girare,
e pensavo cosi' gira il mondo.
Un orologio gira, gira,
E cosi' passano le ore.
Chiusi gli occhi e pensavo
Ai tanti bei ricordi,
cioe' quando i miei figli
erano piccoli e poi sono diventati uomini.
Adesso mi rallegro e mi diverto con
i miei nove pronipoti a correre, saltare,
e poi fare un cerchio e girare, girare.
La vita e' come una ruota che



gira, gira, gira.

TURNING ROUND, AND AROUND

I found myself in a meadow
stretched out on a chair.
I saw some children running, jumping,
and then going in a hoop, around, around,
and I thought of things turning round in the world.
The clock turns, turns,
and things pass the hours.
Closing the eyes I thought
of the many beautiful memories,
when my sons
were little and then becoming men.
Now I amuse myself with
my nine great grandchildren running, jumping
and making a circle and going round, around.
Life is like a wheel that
turns round, around, around.

Giovanna Benvenuto
Translation – Dave Johnson

PRAYER TO THE WIND'S SONG

When I walk on
the grass in a Park
I can smell the flowers
and feel the
wind falling on me.
I feel alive again
when the sound of
wind hits me,
lifts me up like
it's calling me.
When darkness comes
I feel it's still early.
I never feel alone.

Anna Capo



AUTO REPAIR SHOP

In the middle of the day, I was
going to work, my car broke
down on the way.
There I was going to be stuck,
seems like everything was going
wrong what bad luck.
But to my surprise I saw an auto
repair shop what a break.
What a time for something to break down,
an insecure feeling to be lost with
no one around – all of a sudden
there is hope. I am not alone.
I found someone to help me I
will soon be on my way home.

William Floret

HAPPINESS

Happiness is seeing a baby for the first time. Happiness is seeing children playing around with each other. Happiness is a wonderful feeling we can't express. The Clouds in the sky are so Beautiful. Happiness makes us smile a lot and give each other cheer. Happiness is not fighting with your spouse or children. Happiness, you are a gift that makes us cry out with emotion.

Jean Gregory





VISITING THE BEAUTICIAN

Walking past the beauty parlor
during the early afternoon
Seeing the beautician, working on someone
cutting hair, and so experienced
The woman looking at a mirror
on the wall

Wondering what she will look like
after all is done.

The beautician cutting away
hoping everything will be okay.
When she is finished, she takes
the mirror
and proudly puts it in front of
the woman.

Alas, she looks at herself
and hopefully she is pleased.

Viola Guilianí

MY COUNTRY

Hooray hooray, I live in America!
I know, in this land, I am more free.
Many things are wrong I know
but the good overcomes the bad.
Like the poem says, from sea to
shining sea!
We have a nation full of
resources. Of these things
we are the bosses.
Through our elected people
we have formed our nation.
It wasn't easy. Our
forefathers knew we had
to progress with the
times. Our constitution
proves this! Different
cultures, races, religion. I am
proud of our flag. I am proud
of this nation!

Betty Johnson



PRAYER TO THE SUN

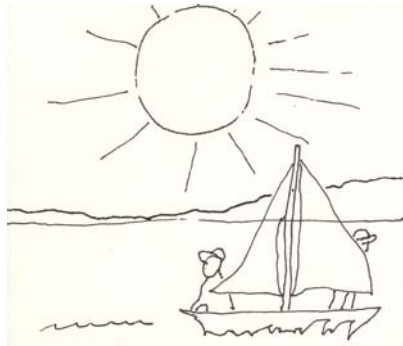
I pray to you, oh Sun
Come & clear this hovering darkened sky
For me to see what is on the ground
And go my way around.

I pray to you, oh Sun
Let your shiny and gentle rays
Touch my icy hands & feet
And give a warm embrace to the earth.

Out there the birds await
The birds of flowering plants are all awake
The frozen waters are ready to receive
Your brilliant shine and warming rays.

So come as soon as you can, oh Sun
For out there, I & my friends
are ready to have some fun.

Carmen Mercado



TOY STORE

Going to a toy store
and seeing children jumping
up + down, with a gleam
in their eyes makes you
very happy. There are some that like to
read, ride around on bikes,
plus some that stand there
winding toys,
all in all, it is a
lively store + noisy one.

Rosalie Norkus



LONELINESS

Loneliness is a scary emotion
we hope we'll never feel
We have to make up our minds
It will not happen to us

Loneliness can be forgotten
If we make our minds to be friendly
A friend is someone who needs us
just as we need the friend

Loneliness is not inevitable
If you make up your mind that it's not
So look on the sunny side
of everything you do.

Anna Pastore



LOVE

Love makes you feel you're very Happy
When you're sad go to your love she will make you smile
Go to your lover she makes you forget trouble
With my lover she makes me feel like a Sunny day

S. Pastore

A REAL GENTLEMAN

One day last year I was shopping in a supermarket when I came out I heard footsteps. A nice looking man came along. He said to me, *smile, you must have a nice smile* & started singing *smile, the whole world will smile with you*. I thought he was fresh but again he started singing *the whole world will smile with you*. A young man approached & said, *that's my grandfather*. *He loves to sing to people*. And they both walked away. By the way he was a senior like me. He really made my day, a real gentleman.

Antoinette Scagnelli



FEELINGS OF LONELINESS

Loneliness you are always here.
I can't see you but you're in the air.
When you rise up I feel down.
If you come over me, I see despair.

Sometimes loneliness you go away.
When you do, you make my day.
If you're not here
out of joy I begin to sway.

So loneliness you're in my life.
Loneliness it's you I must fight.
I will fight to the end
I will fight because I know I'm right.

Loneliness please go away.
I will thank you every day.
Good-bye loneliness.
With you gone, I say, "Hurray! Hurray!"

Melvin Smith

